



Dr. V Sharma M.D. Neurology and Sleep Services Center

2841 Hartland Rd, Suite 402 Falls Church, VA 22043

Phone: (703) 778-1800 • Fax: (703) 778-1803 Website: vsharmaneurology.com

EEG (Electroencephalogram)

EEG stands for electroencephalogram:

- **Electro** means electricity,
- **Encephalo** means head or brain,
- **Gram** means recording.

An EEG is an electrical brain recording. It records the electrical messages that neurons in your brain send to each other. It is a readily available test that provides evidence of how the brain functions over time.

During the test:

- You will be asked to relax on the exam table while electrodes are taped to your head and forehead after applying gel.
- Electrodes are attached to a machine to record the electrical impulses.
- You will be asked to hyperventilate as part of the test.
- A technician performs the test, and the doctor interprets the results later.

Preparation for the Test

- Eat normal meals.
- Take normal medications.
- Shampoo your head the morning and night before the test.
- Avoid using hair styling products (hairspray or gel) on the day of the exam.
- Do not use facial creams or makeup prior to the test.

Cancellation Policy

Your appointment is reserved especially for you. Should you need to cancel or change the date of your appointment, we require at least **48 hours notice** as a courtesy to other patients seeking appointments. We usually have a significant list of patients waiting to have an EEG study performed.

Appointments not canceled within 48 hours or canceled on the same day of the appointment will incur a **\$100.00 fee** if we do not receive a call to cancel.

Thank you for being a valued patient and for your understanding.